

Reflections for Enhancing Your Own Employee Engagement[©]

Studies have shown that employees who regularly “check in” with themselves about their job engagement are far more likely to improve their engagement and level of job contentment. Use this document to self-motivate, or motivate others, by regularly pondering the following reflective questions:

- Did I have fun at work this week?
- Does my job make the best use of my skills and abilities?
- Am I recognized for a job well done on a regular basis? If not, what am I going to do to get such recognition?
- Has my boss taken an interest in me as a person, as opposed to just an employee?
- Where am I at regarding my Career Development and where I want to be in six months or a year?
- What could I do differently to get better at my job?
- What steps can I take to become more engaged in my job?
- Do I actively participate in group meetings and volunteer for extra effort?
- What did I learn at my job this week and what do I want to learn going forward?
- Am I clear about what is expected of me in my job, and if not, have I sought clarification?
- Is there something that is detracting from my engagement, and if so, have I spoken to my boss about it?
- Have I distanced myself from the known gossip-mongers and actively disengaged employees?
- Have I actively shared what engages me in my job with my boss?
- Have I set clear goals for myself in my job?
- Have I done a good job balancing my work and family life?
- Am I passionate about what I do and proud of where I work? If not, what am I going to do about it?